

## How to Register

**Don't wait reserve your spot early!!!**

We offer an  
"Early Registration" discount as well as a  
"Couple Discount" for anyone who signs up the  
Wednesday  
before the meeting.

A discount of **\$30-\$60** will be taken off the cost of your meeting for signing up early.

All payments must be received by Friday, the day before the meeting to ensure your spot in the meeting!

Call the office at  
(318)222-6800 or email at  
[healing\\_inc@bellsouth.net](mailto:healing_inc@bellsouth.net)

We Accept Cash, Check or Credit Card.

**Martin Miller, M.A., Executive Director**  
Licensed Marriage and Family Counseling  
Licensed Professional Counselor  
National Certified Counselor  
Professional Life Coach



Please call/email the office to register or for more information

820 Jordan Street, Suite 401  
Shreveport, LA 71101  
Phone: 318-222-6800  
Fax: 318-222-6801

Email: [healing\\_inc@bellsouth.net](mailto:healing_inc@bellsouth.net)

[www.HealingHeartCounseling.Org](http://www.HealingHeartCounseling.Org)



# Men's Meeting



*Healing Heart*  
Counseling Center

**Distinctively Christian  
Professional Counseling**

[www.HealingHeartCounseling.Org](http://www.HealingHeartCounseling.Org)

## Meeting Info

Who: Healing Heart Counseling Center

What: Men's Meeting

Where: 820 Jordan St. Suite 401,  
Shreveport, LA

When: Saturdays from 9am-12pm

You can save more than 50% in 3 hours  
compared to scheduling multiple  
appointments.

There are no "quick fixes" but this is the  
next best thing.

The people attending are clients that we as a  
center know and trust.

The session will be a SAFE and

## Client Comments

- "You will get some really good, practical tools."
- "You don't have to talk."
- "I felt very comfortable and relaxed. The atmosphere was non-judgmental and affirming."
- "It's worth it."
- "Comfortable, beneficial."
- "Practical applications & scriptural."
- "It's a step in the right direction."
- "Very helpful."
- "This meeting is definitely a tool that helps with the overcoming process."
- "It's not judgmental or threatening because it's God/biblically based:

## You will learn

- How to regain the trust of others.
- Relapse Prevention.
- How to Break the Cycle.
- Christ Centered Tools and how to use them.
- How to protect yourself against a world of sexual immorality.
- How to strengthen relationships.
- How to deal with shame, guilt and despair .
- How to deal with the need for approval.
- Self-worth and dealing with

## You Are Not Alone

I've been doing the MEN'S MEETING SINCE 2000.

- Please rest assured that confidentiality is given highest priority. Others attending are clients I know and trust and are all highly interested in confidentiality.
- Impulsive, destructive and compulsive sexual behavior is a growing problem in the U.S. and can include a number of problem areas: pornography, affairs, etc.
- 64% of Christian men are affected in some way by the above problem behaviors.

## Understanding the Issue

Loneliness and rejection.

- Stopping the addiction takes more than will power alone; if trying harder worked then there wouldn't be a problem! Isolation, loneliness, shame and secrecy are what feed the problem. No one recovers *alone!*
- You must have the necessary tools, resources and the support of others. You must also learn to utilize God's guidance, strength, wisdom and His word to break free from the chains of this "secret sin." The only way out is to completely surrender.
- As you begin to experience God heal this unique problem, you will want to celebrate His transforming power.
- I will be sharing from a culmination of 20 years of experience researching and treating pornography addiction and sexually compulsive behaviors.

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