

## How to Register

**Don't wait reserve your spot early!!!**

**We offer an  
"Early Registration"  
discount as well as a  
"Couple Discount" for anyone  
who signs up the Wednesday  
before the meeting.**

**A discount of \$30-\$60 will be  
taken of the cost of your meeting  
for signing up early.**

**Payments must be submitted by  
Friday the day before the  
meeting in order to secure your  
spot.**

**Call the office at (318)222-6800  
or email at  
or  
healing\_inc@bellsouth.net**

**We Accept Cash, Check or  
Credit Card**

**THIS IS A MULTIMEDIA EVENT!**

- 14 video clips illustrating important points about communication
- 25 slides with clear, specific steps to better communication
- 21 page hand-out with tips, tools & insights to improve your communication in your marriage, workplace, and with family & friends.

**YOU WILL COME AWAY WITH IDEAS AND  
METHODS TO USE IMMEDIATELY!**

Martin Miller, M.A., Executive Director  
Licensed Marriage and Family Counseling  
Licensed Professional Counselor  
National Certified Counselor  
Professional Life Coach



**Please call the office to register or for  
more information**

**820 Jordan Street, Suite 401  
Shreveport, LA 71101  
Phone: 318-222-6800  
Fax: 318-222-6801**

**E-mail: [healing\\_inc@bellsouth.net](mailto:healing_inc@bellsouth.net)**

**[www.HealingHeartCounseling.Org](http://www.HealingHeartCounseling.Org)**



## **Communication Meeting**



**What is he/she *really*  
saying?**

***Healing Heart***  
**Counseling  
Center**

***Distinctively Christian  
Professional Counseling***

## Meeting Info

Who: Healing Heart Counseling Center  
 What: Communication Meeting  
 Where: 820 Jordan St. Suite 401, Shreveport, LA  
 When: Saturdays from 9am-12pm

You can save more than 50% in 3 hours compared to scheduling multiple appointments.

There are no “quick fixes” but this is the next best thing.

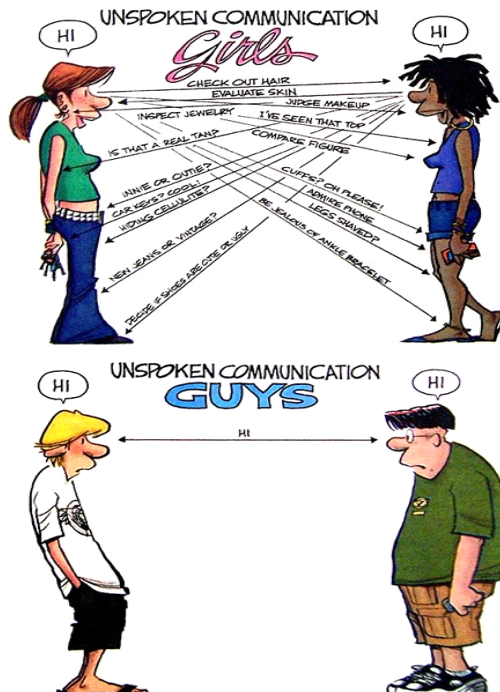
The people attending are clients that we as a center know and trust.  
 The session will be a SAFE and CONFIDENTIAL place to simply listen,

## Client Comments

- *“This was great! We needed this years ago!”*
- *“Very good material and Bible verses for application.”*
- *“There are so many good tools and tips to improve communication.”*
- *“A relaxed environment, open to share and learn from others- to see it’s not just us, but how common it is with others too.”*
- *“You need these tools for daily living.”*
- *“Marty’s use of humor within the material helps to see the lighter side of communication challenges.”*
- *“I thought this was an excellent topic,*

## You Will Learn

- Skills, tips & tools for better communication for better relationships
- 7 Steps to healthy communication
- 15 Do’s and Don’ts of communication
- Understanding BODY LANGUAGE
- Understanding gender differences in communication
- Methods for clarifying communication
- Understanding barriers to effective communication
- Assertiveness skills & techniques
- Master the art of listening
- Rules for Fair Fighting & Managing Conflict
- All based on scripture & Christian beliefs
- And much much more!



MORE FUNNY PICTURES AT FUNNYPICSPLUS.COM

## The Six Messages of Communication

1. What you meant to say.
2. What you actually said.
3. What your spouse actually hears.
4. What your spouse thinks he/she hears.
5. What your spouse says about what you said.
6. What you think about your spouse said about what you said.

### 4 ASSERTIVE STATEMENTS TO IMPROVE COMMUNICATION

1. I feel \_\_\_\_\_ (state your feelings, use list if needed)
2. When you \_\_\_\_\_ (objectively & clearly describe their behavior)
3. I understand that \_\_\_\_\_ (empathize, walk around in their shoes)
4. I'd like you to \_\_\_\_\_ (make a clear, specific request for a behavior change)

**TO REGISTER: DON'T WAIT! RESERVE YOUR SEAT NOW! CALL (318) 222-6800 OR EMAIL: [healing\\_inc@bellsouth.net](mailto:healing_inc@bellsouth.net) today!**