

## **Client Information Form**

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		DOB	Age
		DOB	Age
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able)			
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Total numb	er of marri	ages for you_	For your spouse
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Age S	Sex Relation	onship to you?	? Living in your home?
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list the members	s of your fa	mily and anyo	ne else living in the home)
Age	Relationsh	ip	Occupation
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e our e- newslette	er?(	yes)	_(no) Same as above
	work phone method of contact	State	

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## this page with THEIR INFORMATION; otherwise complete with yourself in mind.) Briefly describe your reason for seeking help Type of therapy desired: Individual Couple Family Group Have you ever received counseling or psychological/psychiatric help before? Yes No If yes, what reason? When? How long? Counselor / Professional's Name(s) Are you *currently working with* any other Counselor or Psychologist/Psychiatrist? Yes If yes, what reason? When?\_ How Long?\_ Counselor / Professional's Name(s) **Medical Information** Please list any medications you are now taking. Please list DOSAGE. HOW LONG AND PRESCRIBING DOCTOR. Family Physician Date of last physical exam Describe your physical health: Excellent Good Adequate Poor List any health problems for which you currently receive treatment Life Circumstances Next to each of the following problems, place a "P" if you have had the problem in the PAST, and an "N" if you are experiencing the problem NOW. **Temper** Same Sex Relationship(s) with: DWI Spouse Attraction License Revoked Obsessive Children Arrest Compulsive **Suicide Thoughts Parents** Disorder(OCD) or Attempts **Probation Bipolar / Manic Psychiatric** In-laws Charges Co-workers Depression Treatment **Pressed Strong Willed Friends Alcohol Abuse Legal Problems Teachers Trouble** Street Drug Law Suit(s) **Abuse Hallucinations** Siblings Concentrating Depression ADD/ADHD **Prescription Drug Delusions Anxiety** Hyper Schizophrenia Abuse Stress **Impulsive** Gambling Difficulty Irritable **Learning Disorder Problem** Communicating Withdrawn Behavioral **Sexual Addiction** Sex Separation **Problems Pornography** Career **Anxiety** Oppositional **Shopping too Job Changes** Worry **Defiant** much Loneliness **Seizures** Compulsive Self-Worth **Fears Nervous** Codependency **Head Injury** Spending Abuse **Other Addiction** Grief/Loss **High Strung** Compulsive Other Phobia(s) **Post Traumatic** Panic/Anxiety Stress Disorder **Emotional/Behavioral** Eating Binge Eating **Attacks** (PTSD) Problem(s) (please **Flashbacks** Sleep **Excessive dieting** list) **Appetite Nightmares** or exercise **Mood Swings Gender Identity Eating Disorder**

(PLEASE NOTE: If you are completing this form for a child or adolescent, please complete

Death of: spouse, child, father, mother, sister, brother, grandmother, grandfather, friend. Divorce, Separation, Broken engagement, Suicide, Miscarriage, Abortion, Bankruptcy, Infertility Career or job loss, Pet Health Problems, Move, Social Status, Relationship ending.

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Please circle any <u>LOSSES</u> that you have experienced in the <u>last 5 years</u>:

<sup>•</sup> Please circle any <u>STRESSFUL LIFE EVENTS</u> that you have experienced in the <u>last 12 months</u>: Getting married, Having a child, Traumatic event, Personal injury, Pregnancy, Retirement, Change in family member's health, Son or daughter leaving home, Starting or finishing school, Sex difficulties, Change in work hours or conditions, Change in church or social activities.