

INSIGHTS e-Newsletter



Distinctively Christian Professional Counseling

www.HealingHeartCounseling.Org

April 2009

A Ministry of Willow Point Baptist Church

Volume 2, Issue 4

OBAMA BOWS TO KING ABDULLAH (see page 5)

The Victor Over Death

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FAVORITE QUOTES

"Every strike brings me closer to the next home run."

Babe Ruth / American Baseball Player

What you get by reaching your destination is not nearly as important as what you will become by reaching your destination.

Isaiah 53:5 (New Century Version)

⁵ But he was wounded for the wrong we did; he was crushed for the evil we did.

The punishment, which made us well, was given to him, and we are healed because of his wounds.

Mark 24:1-8 (New King James Version)

Now on the first day of the week, very early in the morning, they and certain other women with them, came to the tomb bringing the spices which they had prepared.

But they found the stone rolled away from the tomb.

Then they went in and did not find the body of the Lord Jesus.

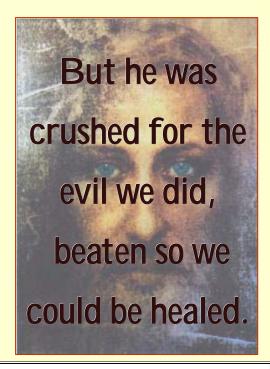
And it happened, as they were greatly perplexed about this, that behold, two men stood by them in shining garments.

Then, as they were afraid and bowed their faces to the earth, they said to them, "Why do you seek the living among the dead?"

"He is not here, but is risen! Remember how he spoke to you when He was still in Galilee.

"saying, 'The Son of Man must be delivered into the hands of sinful men, and be crucified, and the third day rise again."

And they remembered his words.



APRIL CALANDAR

April 12th: Easter

April 22nd: Administrative Professionals Day

Mark your calendar: May 7th, the

58th annual National Day of Prayer www.NationalDayofPrayer.org

Read What Our Clients Have Written:

- ★ "I would definitely recommend you!"
- "Mr. Miller is a very understanding & supportive person. He has made things a lot easier for me."

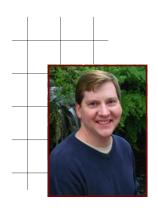


Visit us on the internet!
HealingHeartCounseling.Org

Celebrating Ten Years of Excellence!

THANK YOU

Your ongoing word of mouth referrals are the finest compliment we can receive! Thank you for helping us to provide professional service and solutions to others.



Martin Miller, M.A., Executive Director Licensed Marriage and Family Counselor Licensed Professional Counselor

The Healing Heart Counseling Center

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820 Jordan Street, Suite 401 Shreveport, LA 71101

YOU ASKED, AND I'VE LISTENED!

BRAND NEW SESSION NOW AVAILABLE! April 25th

BOUNDARIES II ADVANCED SESSION!

Speed up the process of change and growth;

GET <u>ONE MONTH</u> OF COUNSELING IN <u>ONE DAY!</u>

Too good to be true? Read on...

ON THE GROUP SURVEYS MANY HAVE ASKED FOR FUTURE SESSIONS TO FOCUS ON:

- "I would like to hear others share their situation."
- * "More group interaction / brainstorming."
- "To be able to talk with others in similar situations and understand how they handle their problems."
- * "Setting boundaries in marriage. Going forward from here."
- "How to love and do things for people without being abused."
- "More detailed information about sexual addiction and how it affects a spouse."
- "Anger, addiction, forgiveness."

THAT IS EXACTLY WHAT WE ARE GOING TO DO!

IN THIS BRAND NEW SESSION YOU WILL:

- PROCESS AND APPLY WHAT YOU'VE ALREADY LEARNED
- ☑ CASE SCENARIOS: STUDY AND LEARN FROM REAL LIFE EXAMPLES
- ☑ THERAPEUTIC GROUP PROCESS TIME: AS YOU FEEL COMFORTABLE, SHARE ABOUT YOUR SITUATION, PROBLEM SOLVE, & GAIN SUPPORT AND FEEDBACK FROM OTHERS
- ☑ BRAINSTORMING; APPLYING SKILLS AND TECHNIQUES TO YOUR MARRIAGE / RELATIONSHIPS
- ANGER AND FORGIVENESS: WHO'S CONTROLLING YOU?
- FORGIVENESS? HOW CAN I FORGIVE THIS?
- ☑ RAPHA LIFE SERIES COURSE ON BOUNDARIES AND FORGIVENESS: SELECTED COURSE MATERIAL
- ☑ QUICK REVIEW OF BOUNDARIES SESSION ONE MATERIAL AS A REFRESHER
- ☑ BEING IN A RELATIONSHIP WITH AN ADDICT WHILE PROTECTING YOURSELF
- ☑ QUICK CRASH COURSE ON SEXUAL (& OTHER) ADDICTION(S), AS TIME ALLOWS
- ☑ SHARE YOUR STORY IF YOU FEEL COMFORTABLE
- ☑ All of the above are based on Scripture and the Christian Faith

For more information e-mail Marty Miller @ martinLPC@bellsouth.net or call the office @ (318) 222-6800.

SATURDAY, APRIL 25TH, 9-12 PM @ my office

Laughter is Healing; Have You Smiled Today? (Cont'd p.5)

Proverbs 17:22 Amplified Bible

"A happy heart is good medicine and a cheerful mind works healing, but a broken spirit dries up the bones."







Thinking Mistake of the Month: DISCOUNTING THE POSITIVE (#5 OF THE TOP TEN)

You reject positive experiences by insisting they "don't count". If you do a good job, you may tell yourself that it wasn't good enough or that anyone could have done as well. Discounting the positive takes the joy out of life and makes you feel inadequate and unrewarded.

INSTEAD: Let positive experiences count for something; give yourself credit.

Got ADHD?* Here's the Tip of the Month

Encouragement:

* ADHD-ers need lots of encouragement. This is in part due to their having many self-doubts that have accumulated over the years. But it goes beyond that. More than the average person, someone with ADHD withers without encouragement and positively lights up like a Christmas tree when given it. They will often work for another person in a way they won't work for themselves. This is not "bad," it just is. It should be recognized and taken advantage of.



*Attention Deficit Hyperactivity Disorder

(Taken from *Driven to Distraction* by Edward M. Hallowell, M.D. and John J. Raley, M.D.)

Next Men's Meeting in May

Speed up the process of change and growth;

GET **ONE MONTH** OF COUNSELING IN **ONE DAY!**

Date To Be Announced Soon

- Compulsive sexual behavior is a growing problem in the U.S. and can include a number of problem areas: pornography, affairs, use of prostitutes etc.
- SIXTY FOUR PERCENT (64%) of Christian men are affected in some way by the above problem behaviors.

These things can be overcome!

Stopping takes more than will power alone; if trying harder worked then there wouldn't be a problem!

Isolation and secrecy is what feeds the problem. We must have the support of others to break free from the chains of 'the secret sin.' *Fellowship* is equal to freedom from lust. Men also need *tools* to change.

Here is what those who attended had to say about the Men's Meeting:

- •"I felt very comfortable and relaxed. The atmosphere was non-judgmental and affirming."
- "It's worth it."
- "It's a step in the right direction."
- "This meeting is definitely a tool that helps with the healing process."

The Men's Meeting provides a safe, confidential environment to learn to apply God's word in the area of codependency and enabling, and to celebrate God's transforming power.

For more information visit our website at: www.HealingHeartCounseling.Org

OR CALL NOW for more information and to reserve your seat @ (318) 222-6800

or e-mail Marty Miller @ martinLPC@bellsouth.net

MEN'S MEETING II ADVANCED SESSION!

BRAND NEW SESSION NOW AVAILABLE FOR MEN!

Speed up the process of change and growth;

GET <u>ONE MONTH</u> OF COUNSELING IN <u>ONE DAY!</u>

(AVAILABLE IN MAY; DATE TO BE ANNOUNCED SOON)

ON THE GROUP SURVEYS MANY HAVE ASKED FOR FUTURE SESSIONS TO FOCUS ON:

- "Spend more time understanding ourselves and the choices we make."
- "I feel this should somehow be an ongoing process. A place to share and vent."
- "More on the emotional effects of sexual addictions on loved ones."
- "More tools for the battles."

THAT IS EXACTLY WHAT WE ARE GOING TO DO!

IN THIS BRAND NEW SESSION YOU WILL:

- ☑ PROCESS AND APPLY WHAT YOU'VE ALREADY LEARNED
- ☑ GAIN MORE INSIGHT INTO WHAT CAUSES YOU TO MAKE THE CHOICES YOU DO
- PROCESS TIME: AS YOU FEEL COMFORTABLE, SHARE ABOUT YOUR SITUATION, PROBLEM SOLVE, & GAIN SUPPORT AND FEEDBACK FROM OTHERS
- **☑** BRAINSTORMING; APPLYING SKILLS AND TECHNIQUES
- ☑ SHARE YOUR STORY IF YOU FEEL COMFORTABLE
- M ALL OF THE ABOVE ARE BASED ON SCRIPTURE AND THE CHRISTIAN FAITH

(YOU MUST COMPLETE THE MEN'S SATURDAY MEETING PRIOR TO TAKING THIS COURSE)

CALL NOW for more information and to reserve your seat @ (318) 222-6800 or e-mail Marty Miller @ martinLPC@bellsouth.net

CHECK OUT OUR NEW WEBSITE!

www.HealingHeartCounseling.Org (JUST CLICK ON LINK IN EMAIL)



NOW HIRING CHRISTIAN COUNSELOR

Position available for Christian Counselor. License as Professional Counselor or Clinical Social Worker preferred. Start part-time, then full time. Hours flexible. Supervision for LPC interns available. Fax or email resume to (318) 222-6801, martinLPC@bellsouth.net.

SCRIPTURE OF THE MONTH:

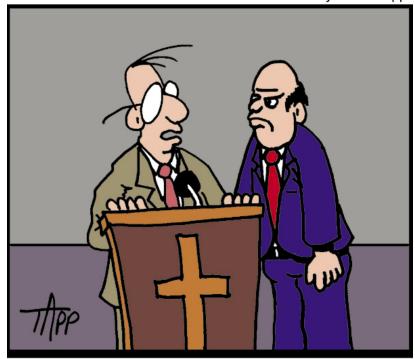
TAXES



Romans 13:6-7

"This is also why you pay taxes, for the authorities are God's servants, who give their full time to governing. Give everyone what you owe him: If you owe taxes, pay taxes; if revenue, then revenue; if respect, then respect; if honor, then honor."

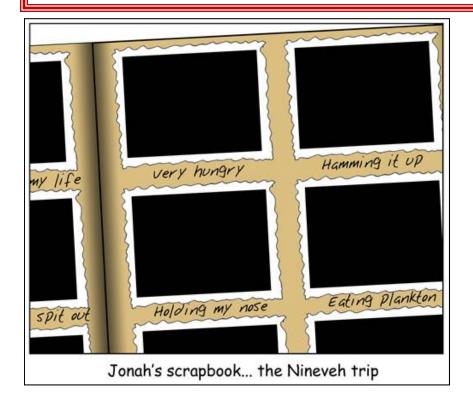
CHURCH OF THE COVERED DISH by Thom Tapp



"No, I haven't seen the verse that way before, but I'm in the middle of something right now."

(from page 1: Obama Bows) PRAY FOR PRESIDENT OBAMA

Day 79 of his presidency, Barack HUSSEIN Obama bows at the feet of the Saudi royal family at the G-20 summit last week. "The charitable part of me wants to overlook the hug and the bow as rookie mistakes, as evidence the Obamas have not yet hired a protocol officer, that basically the Obamas are winging it and revealing their basic igno-Continued on page 6



NEW!!

DO YOU HAVE A
FUNNY PHOTO OR
CARTOON YOU'D
LIKE TO BE CONSIDERED TO APPEAR IN
THE Insights eNEWSLETTER?

SUBMIT TO:

maritnLPC@bellsouth.net

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<u>rance</u>--which is bad enough.

But Barack HUSSEIN

Obama did not bow to British Queen Elizabeth II,

much less from the waist,

choosing instead to shake
her hand."

Breach of protocol:

"Americans do not bow to foreign monarchs because that act signified the monarch's power over his subjects."

As Mark Steyn describes it:

"So let me see if I understand American protocol in the



Barack HUSSEIN Obama bows King Abdullah of the Saudi royal family.

age of Obama: The First Lady hugs Queen Elizabeth as if she's some granny at a seniors' center photo-op, but the President of this republic prostrates himself before King Abdullah as if he's a subject of the Saudi pseudo-Crown."

"Now while you look at this photo, it is very important to remember that many of the terrorists who have killed Americans in the last 20 years have ties to — now wait for it— Saudi Arabia."

This is clear evidence that our prayers are needed. Time for sackcloth and ashes. Repentance. Prayer for our leaders, prayer for the United States of America. Prayer for the Obamas, because God knows they need it.

Taken from Sean Hannity: President Obama Bows Outrageous; Deborah Gyapong: Time to step up prayers for Obama

Mark your calendar: May 7th, the 58th annual National Day of Prayer

God is Crazy About You

God is crazy about you. If God had a refrigerator, your picture would be on it. If He had a wallet, your photo would be in it. He sends you flowers every Spring. He sends you a sunrise every morning. Whenever you want to talk, He listens. He can live anywhere in the universe, yet He chooses your heart.

Obama and the King: a right royal bow row

Georgina Robinson April 3, 2009 - 3:48PM



Michelle Obama holds the Queen and Brack Obama bows to Saudi King King Abdullah bin Abdul Aziz Al Saud. Photo: AP and AFP

