



# Healing Heart Counseling Center

## e-Newsletter



Distinctively Christian  
Professional Counseling

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## Now Celebrating our Ten Year Anniversary! By Marty Miller, LPC

The main thing that distinguishes the **Healing Heart Counseling Center** is our Christ centered, Biblically based approach. My primary focus since I began counseling and my specialty area is integrating counseling with Christianity. Many who want counseling in this area prefer this approach as it is consistent with their values.

***"I was trained in Clinical Psychology, but I believe that the Bible is the greatest psychology book ever written." -Marty Miller***

I came to Shreveport in 1997 and began the **RAPHA** program (a national Christian inpatient program) at a local hospital. I was the Program Therapist for **RAPHA** for over a year when our contract ended and my pastor at *Willow Point Baptist Church*, Sonny Simpson, asked me to provide the same Christ centered Biblically based counseling on an outpatient basis. With much support and God's guiding hand, we opened the **Healing Heart Counseling Center**.

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## Common Types of Depression & Anxiety Disorders

Common types of *depressive mood disorders* are: Major Depressive Disorder, Dys-thymic Disorder, Post-partum Depression, Pre-menstrual Depressive Disorder (PMDD), Seasonal Affective Disorder (SAD), and Bipolar Disorder.

Common types of *anxiety disorders* are: Generalized Anxiety Disorder (GAD), Social Phobia, Obsessive-Compulsive Disorder (OCD), Panic Disorder, Agoraphobia, Acute Stress Disorder and Posttraumatic Stress Disorder (PTSD).

*"I have chosen our counselors from numerous applicants based on their personal qualities, skills, academic achievements, love for the Lord, and deep desire to integrate Christianity with counseling. I have trained and supervise each of them personally."*  
-Marty Miller

## Meet Our Counselors



**Christi Horton, Ed.S., N.C.C.**

Licensed Professional Counselor

I am a Licensed Professional Counselor, a Nationally Certified Counselor and a Nationally Certified School Counselor. I have 29 years experience in education; 18 as a school counselor, with students in grades 7-12.

I have worked at the **Healing Heart Counseling Center** part-time since July, 2005. I have worked with clients of all ages with a variety of issues, including stress, anxiety, depression, parental/family concerns and marital discord.

In addition to school and private counseling, I have worked with youth groups for over 20 years as a Bible study teacher, small group mentor, and counselor. I co-teach an alcohol/drug intervention class (Changing Paces, A Step in The Right Direction) for teens, which includes a parenting session.

## Meet Our Counselors (Continued)

I have presented workshops and seminars on the local and state level on various topics and developed summer career camps for middle school students.

I am active in *First Baptist Bossier*, where I teach a ladies' Bible study class and am a member of the Women's Ministry Team. I live in Houghton, LA with my husband Glen. We have two adult children.



We're on the web!  
HealingHeartCounseling.Org

Most insurance plans reimburse for our services

Morning and evening appointments are available

Your referrals allow us to help put broken lives back together through the power of the ultimate healer, Jesus Christ. Thank you.



**Justin Jones, M.A.,**

Licensed Professional Counselor

Thank you for taking some time to let me tell you a little about myself. I hope this will better inform you about my qualifications and experience. I have been providing counseling services to adults, adolescents and children at the *Healing Heart Counseling Center* for one and a half years as a Counselor intern and now as a Licensed Professional Counselor.

I have experience in several of the mental health fields. I've worked with chronically mentally ill adults in an inpatient hospital setting and intensive out-patient therapy. I have provided group and individual therapy. I have also provided inpatient didactic therapy groups focusing on coping and stress relief skills.

I worked for two years at an outpatient mental health center with children and teenagers who struggled with depression, ADHD, bipolar disorder, learning disabilities, conduct disorders and oppositional defiance disorder.

I have also worked with opiate dependent clients at a local medical clinic for approximately a year and a half. I've worked with clients concerning addiction, relapse prevention, poly-substance abuse, stress relief as well as treatment for depression and anxiety.

I have been actively involved in my church, Christian Center since 1998. I've enjoyed working with the youth and the youth band. My interests and hobbies include cars, remodeling, movies and LSU football. I enjoy fellowship with and serving others.



**Sami Loe, M.S.,**

Licensed Counselor Intern

I am a Licensed Professional Counselor Intern. I hold a Master of Science degree in Counseling Psychology from Louisiana State University in Shreveport and a Bachelor of Arts degree in Behavioral Sciences from East Texas Baptist University. I have been pursuing a Doctor of Education in Counseling Psychology to specialize in Counselor Education and Supervision.

I also work for Allegiance Health Management, Inc. as the Divisional Director of Quality Assurance and Compliance. I have been a therapist and therapist trainer for geriatric outpatient programs. I have also worked with children and adolescents within the school system and individual adults and couples in a Biblical counseling center which are both in East Texas.

I am the daughter of a pastor and missionary and have spent the majority of my life in some form of ministry. I have served in multiple capacities in many churches and mission sites.

My approach to counseling is based on Biblical principles integrated with psychological concepts. I believe that counseling is a God ordained ministry. It must be guided by God "*who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God*" (2 Cor. 1:4). I desire to work with those individuals who are searching for comfort, peace and healing.

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