How to Register

Don't wait reserve your spot early!!!

We offer an "Early Registration" special as well as a "Couple Discount" for anyone who signs up the Wednesday before the meeting.

A discount of <u>\$30-\$60</u> will be taken off the cost of your meeting for signing up early.

All payments must be received by Friday, the day before the meeting to ensure your spot in the meeting!

Call the office at (318)222-6800 or email at martinlpc@bellsouth.net or healing inc@bellsouth.net

We Accept Cash, Check or Credit Card.

Martin Miller, M.A., Executive Director

Licensed Marriage and Family Counseling Licensed Professional Counselor National Certified Counselor Professional Life Coach



Please call/email the office to register or for more information

820 Jordan Street, Suite 401 Shreveport, LA 71101 Phone: 318-222-6800 Fax: 318-222-6801

E-mail: martinLPC@bellsouth.net

www.HealingHeartCounseling.Org



Men's Meeting





Distinctively Christian
Professional Counseling

www.HealingHeartCounseling.Org

Meeting Info

Who: Healing Heart Counseling Center

What: Men's Meeting

Where: 820 Jordan St. Suite 401,

Shreveport, La

When: Saturdays from 9am-12pm

You can save more than 50% in 3 hours compared to scheduling multiple appointments.

There are no "quick fixes" but this is the next best thing.

The people attending are clients that we as a center know and trust.

The session will be a SAFE and CONFIDENTIAL place to simply listen, learn, ask questions, and share if you want.

Client Comments

- "You will get some really good, practical tools."
- "You don't have to talk."
- "I felt very comfortable and relaxed. The atmosphere was nonjudgmental and affirming."
- "It's worth it."
- "Comfortable, beneficial."
- "Practical applications & scriptural."
- "It's a step in the right direction."
- "Very helpful."
- "This meeting is definitely a tool that helps with the overcoming process."
- "It's not judgmental or threatening because it's God/biblically based:
- Confidentiality is emphasized."

You will learn

- How to regain the trust of others
- Relapse Prevention
- How to Break the Cycle
- Christ Centered Tools and how to use them
- How to protect yourself against a world of sexual immorality
- How to strengthen relationships
- How to deal with shame, guilt and despair
- How to deal with the need for approval

You Are Not Alone

I've been doing the MEN'S MEETING SINCE 2000.

- Please rest assured that confidentiality is given highest priority. Others attending are clients I know and trust and are all highly interested in confidentiality.
- Impulsive, destructive and compulsive sexual behavior is a growing problem in the U.S. and can include a number of problem areas: pornography, affairs, etc.
- 64% of Christian men are affected in some way by the above problem behaviors.

Understanding the Issue

- Self-worth and dealing with loneliness and rejection
- Stopping the addiction takes more than will power alone; if trying harder worked then there wouldn't be a problem! Isolation, loneliness, shame and secrecy are what feed the problem. No one recovers alone!
- You must have the necessary tools, resources and the support of others. You must also learn to utilize God's guidance, strength, wisdom and His word to break free from the chains of this 'secret sin.' The only way out is to completely surrender.
- As you begin to experience God heal this unique problem, you will want to celebrate His transforming power.
- I will be sharing from a culmination of 20 years of experience researching and treating pornogra-

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