

How to Register

Don't wait reserve your spot early!!!

We offer an "Early Registration" special as well as a "Couple Discount" for anyone who signs up the Wednesday before the meeting.

A discount of **\$30-\$60** will be taken of the cost of your meeting for signing up early.

Payments must be submitted by Friday the day before the meeting in order to secure your spot.

Call the office at (318)222-6800 or email at martinlpc@bellsouth.net or healing_inc@bellsouth.net

We Accept Cash, Check or Credit Card

THIS IS A MULTIMEDIA EVENT!

- 14 video clips illustrating important points about communication
 - 25 slides with clear, specific steps to better communication
 - 21 page hand-out with tips, tools & insights to improve your communication in your marriage, workplace, and with family & friends.
- YOU WILL COME AWAY WITH IDEAS AND METHODS TO USE IMMEDIATELY!**

Martin Miller, M.A., Executive Director
 Licensed Marriage and Family Counseling
 Licensed Professional Counselor
 National Certified Counselor
 Professional Life Coach

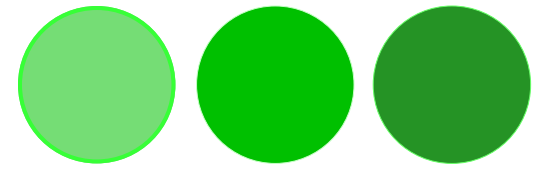


Please call the office to register or for more information

820 Jordan Street, Suite 401
Shreveport, LA 71101
Phone: 318-222-6800
Fax: 318-222-6801

E-mail: martinLPC@bellsouth.net

www.HealingHeartCounseling.Org



Communication Meeting



What is he/she *really* saying?



Distinctively Christian Professional Counseling



Meeting Info

Who: Healing Heart Counseling Center

What: Communication Meeting

Where: 820 Jordan St. Suite 401, Shreveport, La

When: Saturdays from 9am-12pm

You can save more than 50% in 3 hours compared to scheduling multiple appointments.

There are no “quick fixes” but this is the next best thing.

The people attending are clients that we as a center know and trust.

The session will be a SAFE and CONFIDENTIAL place to simply listen, learn, ask questions, and share if you want.

Client Comments

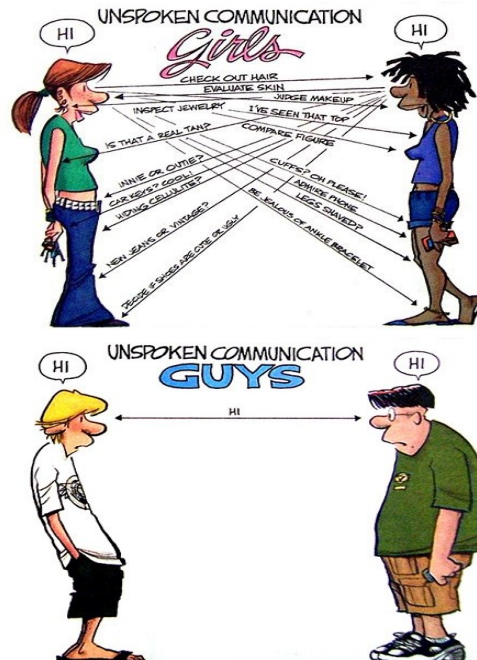
- *“This was great! We needed this years ago!”*
- *“Very good material and Bible verses for application.”*
- *“There are so many good tools and tips to improve communication.”*
- *“A relaxed environment, open to share and learn from others- to see it’s not just us, but how common it is with others too.”*
- *“You need these tools for daily living.”*
- *“Marty’s use of humor within the material helps to see the lighter side of communication challenges.”*
- *“I thought this was an excellent topic, handout and class time.”*

You Will Learn

- Skills, tips & tools for better communication for better relationships
- 7 Steps to healthy communication
- 15 Do’s and Don’ts of communication
- Understanding BODY LANGUAGE
- Understanding gender differences in communication
- Methods for clarifying communication
- Understanding barriers to effective communication
- Assertiveness skills & techniques
- Master the art of listening
- Rules for Fair Fighting & Managing Conflict
- And much more!
- All based on scripture & Christian beliefs

The Six Messages of Communication

1. What you meant to say.
2. What you actually said.
3. What your spouse actually hears.
4. What your spouse thinks he/she hears.
5. What your spouse says about what you said.
6. What you think about your spouse said about what you said.



4 ASSERTIVE STATEMENTS TO IMPROVE COMMUNICATION

1. I feel _____ (state your feelings, use list if needed)
2. When you _____ (objectively & clearly describe their behavior)
3. I understand that _____ (empathize, walk around in their shoes)
4. I'd like you to _____ (make a clear, specific request for a behavior change)

TO REGISTER: DON'T WAIT! RESERVE YOUR SEAT NOW! CALL (318) 222-6800

OR

EMAIL healing_inc@bellsouth.net today!